

# DRIVE-UP FLU VACCINATION CLINIC



**Saturday, October 16**

**8am-1pm**

For ages 18+

Registration for the influenza  
vaccination will take place at:  
**241 Elm Street, Claremont, NH**

**Note regarding Covid:**

*If you have tested positive for Covid in the past 10 days, awaiting results of a Covid test or have Covid symptoms and have not received a test, please DO NOT come as we will not be able to administer a flu vaccination for you at this time.*

**Please Note: High dose flu vaccination is not available at our drive up flu clinic.  
Please schedule an appointment with your PCP.**

**According to the CDC:** People should talk to their health care provider before getting the flu shot:

- If you ever had Guillain-Barre syndrome (a severe paralyzing illness, also called GBS). Some people with a history of GBS should not get a flu vaccine.
- If you had a severe allergic reaction to a previous dose of any other flu vaccine
- If you are not feeling well

## Why get the Flu Vaccine?

Flu vaccination is the best way to protect yourself and loved ones against flu and its potentially serious complications.

- Flu vaccination can keep you from getting sick with flu
- Flu vaccine prevents millions of illnesses and flu-related doctor's visits each year
- Flu vaccination has been shown in several studies to reduce severity of illness in people who get vaccinated but still get sick
- Flu vaccination can reduce the risk of flu-associated hospitalization
- Flu vaccination is an important preventive tool for people with certain chronic health conditions
- Flu vaccination helps protect pregnant people during and after pregnancy

**Valley Regional Hospital**

[www.VRH.org](http://www.VRH.org)

Valley Regional Hospital has been caring for the greater Claremont community since 1893.